230 towards Kandersteg, Bahnhof

Bus 230 from Frutigen, Tellenfeld

Timetable valid until 12 December 2026 · As of 4 November 2026 · Planned times

spickme.ch
Live departures

h	Monday–Friday	Saturday and Sunday
5	11	
6	05 32	32
7	05 32	32
8	32	32
9	32	32
10	32	32
11	32	32
12	32	32
13	32	32
14	32	32
15	32	32
16	32	32
17	32	32
18	32	32
19	32	32
20	32	32
21	32	32
22	32	32
23	25	25

On public holidays most lines run to the Sunday timetable. For any one day, the live board has that day's departures.

Journey time from here, in minutes



230 towards Adelboden, Post

Bus 230 from Frutigen, Tellenfeld

Timetable valid until 12 December 2026 · As of 4 November 2026 · Planned times

spickme.ch
Live departures

h	Monday–Friday	Saturday and Sunday
5	52[a]	
6	46[a]	17
7	17	17
8	17	17
9	17	17
10	17	17
11	17	17
12	17	17
13	17	17
14	17	17
15	17	17
16	17	17
17	17	17
18	17	17
19	17	17
20	17	17
21	17	17
22	17	17
23	17	17
0	07[a]	07[a]

a only to Frutigen, Bahnhof

Departures after midnight are listed under the day whose evening they follow: 0:15 under Friday leaves in the night from Friday to Saturday.
On public holidays most lines run to the Sunday timetable. For any one day, the live board has that day's departures.

Journey time from here, in minutes

