230 towards Kandersteg, Bahnhof

Bus 230 from Frutigen, Zrydsbrügg

Timetable valid until 12 December 2026 · As of 4 November 2026 · Planned times

spickme.ch
Live departures

h	Monday–Friday	Saturday and Sunday
5	14	
6	08 35	35
7	08 35	35
8	35	35
9	35	35
10	35	35
11	35	35
12	35	35
13	35	35
14	35	35
15	35	35
16	35	35
17	35	35
18	35	35
19	35	35
20	35	35
21	35	35
22	35	35
23	28	28

On public holidays most lines run to the Sunday timetable. For any one day, the live board has that day's departures.

Journey time from here, in minutes



230 towards Adelboden, Post

Bus 230 from Frutigen, Zrydsbrügg

Timetable valid until 12 December 2026 · As of 4 November 2026 · Planned times

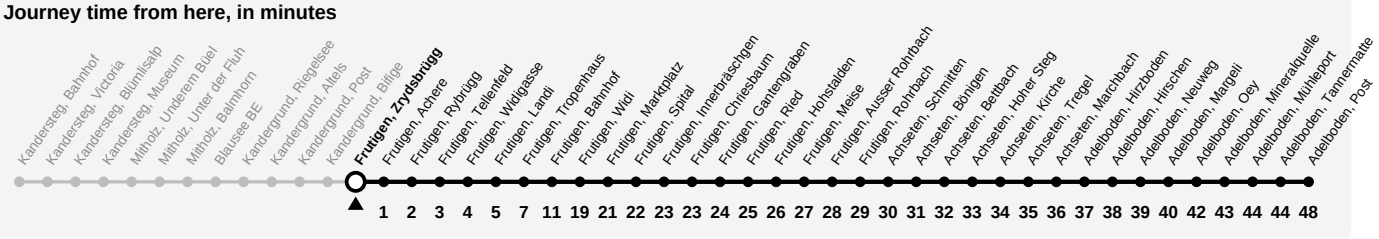
spickme.ch
Live departures

h	Monday–Friday	Saturday and Sunday
5	49[a]	
6	43[a]	14
7	14	14
8	14	14
9	14	14
10	14	14
11	14	14
12	14	14
13	14	14
14	14	14
15	14	14
16	14	14
17	14	14
18	14	14
19	14	14
20	14	14
21	14	14
22	14	14
23	14	14
0	04[a]	04[a]

a only to Frutigen, Bahnhof

Departures after midnight are listed under the day whose evening they follow: 0:15 under Friday leaves in the night from Friday to Saturday.
On public holidays most lines run to the Sunday timetable. For any one day, the live board has that day's departures.

Journey time from here, in minutes



Timetable data: opentransportdata.swiss, the Open Data Platform Mobility Switzerland. Planned times; delays and cancellations are on the live board.
Spick Me is not affiliated with any transport operator. Without guarantee: no liability for errors or missed connections.
spickme.ch/station/frutigen-zrydsbruegg/line/230/adelboden-post